

**Under the Affordable Care Act, If you are a breast feeding mother or plan to breastfeed you may be eligible to receive a breast pump through your insurance at little to no cost to you.**

**Step 1.** Call your insurance company and they will give you a list of breast pump vendors to choose from and contact information.

**Step 2.** Call the vendor of your choice and give them your insurance information and the name and number of your OBGYN.

**Step 3.** The vendor will then contact the OBGYN to obtain a prescription for the pump

After the vendor has obtained the prescription the vendor should mail your pump.