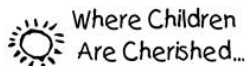




## Welcome to Alliance Pediatrics, PA! Prenatal Appointment Handout



Thank you for your interest in bringing your new baby to Alliance Pediatrics!

There are a few things you should know before your little one comes.

- Make sure you contact your HR department and let them know you want to add the baby to your insurance; they may have an enrollment form that you can complete to help make the addition of a dependent to your policy smoother.
- Currently our Medicaid panel is closed, but if you are an established patient in our office with Medicaid, you can call ahead to get the “baby of” gold card, by calling the Dept of Children and Families at 866-762-2237.
- If you will be delivering at North Florida Regional Medical Center, let the hospital staff know that you have selected our practice as your pediatrician.
- If you will be delivering at Shands, our Pediatric group will not round on you, however the Shands Pediatricians will let you know upon discharge when to schedule your first appointment with us for your baby.
- If you have had a boy, you have the option of having the circumcision done here at the office after your first appointment; you can discuss this with your Pediatrician at the hospital before being discharged. *If you have Medicaid, this service is not covered and is a \$200 flat fee to be paid at check-in the day of the appointment (cash or credit only).*

After you have the baby, the Pediatrician who discharges your baby will let you know when you should make the **first appointment**. You can then call our office at (352)335-8888 to register the baby into our system. Make sure you have your insurance card on hand and know who the “guarantor” will be. The “guarantor” will be the person responsible for all financial aspects of the account, and can be different than the “insurance holder (subscriber)” on the account. Just keep in mind that the guarantor will **NEED** to be present at your first appointment to sign the New Patient Paperwork as well as present the Driver’s license to be scanned into our system.

Your first appointment with the office will happen within the first few days of your baby’s birth. As there will be some paperwork we need you to fill out, please try to arrive at least 15 minutes early. The next appointment will be 2 weeks after birth, to recheck weight and the general health of your baby. You will then have a one month appointment and following that a two month appointment. Please see the schedule of visits on the back of this handout to review the important appointments ahead to monitor your baby’s growth and development.

If you have any questions, please don't hesitate to call. You can contact us via phone at:

**352-335-8888**

**352-335-9427 (fax)**

Our office hours are Monday – Friday, 8 AM – 5 PM  
Saturday, 8 AM – 12 PM for same day sick appointments.

You can also get a lot of information from our website:

**[myalliancepediatrics.com](http://myalliancepediatrics.com)**

Also be sure to ask how to sign up for our patient portal, which is a great resource for our parents! With the patient portal, you will be able to stay up to date on all of your child's needs, as well as important announcements from Alliance Pediatrics.

Again, please don't hesitate to contact us with any questions you may have. We look forward to seeing you at the office and *Congratulations* on your soon-to-be new addition!

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Visit Schedule	Reason For Visit
Birth	Inpatient Hospital Newborn Care
1-2 days after Hospital Discharge	Newborn First Office Visit
2 weeks from initial visit	Follow up for weight and baby health check
1 Month Old	Well Baby Visit
2 Months Old	Well Baby Visit
4 Months Old	Well Baby Visit
6 Months Old	Well Baby Visit
9 Months Old	Well Baby Visit
12 Months Old	Well Baby Visit
15 Months Old	Well Baby Visit
18 Months Old	Well Baby Visit
24 months Old	Well Baby Visit

**Before the baby comes checklist** (compiled from the American Academy of Pediatrics ([aap.org](http://aap.org)) and Dept of Health and Human Services ([womenshealth.gov](http://womenshealth.gov)))

- Do a Home Safety Check
  - Make sure that your smoke alarms and carbon monoxide alarms are working.
  - Check the safety of your crib and other baby items, especially hand-me-downs, by searching recalled products on Consumer Safety Commission: [cpsc.gov](http://cpsc.gov)
  - Safety proof your home with outlet covers and cabinet latches
  - Make sure handrails are installed and secure on stairways
  - Put emergency numbers, including poison control, near each phone.
- Consider taking a CPR class to refresh your skills on infant and child CPR at the N Central Florida Red Cross Headquarters in Gainesville; find a class at [redcross.org](http://redcross.org)
- Get acquainted with your car seat and learn how to install your car seat correctly by signing up online at [shandssafekids.org](http://shandssafekids.org) to attend Safe Kids car seat check.
- Learn about how to protect your baby from SIDS (sudden infant death syndrome) at [SIDS.org](http://SIDS.org)
- Stock your first aid kit and medicine cabinet with appropriate Infant Safe medication and supplies (Thermometer, Bulb Syringe, Diaper Cream, *Mylicon Gas Drops\**, *Infant Tylenol\*consult our office before giving medications\**) for example.

