

**Alliance Pediatrics, PA**  
**Pre-Participation Medical History Questionnaire**

**Patient's Name:** \_\_\_\_\_ **Patient DOB:** \_\_\_/\_\_\_/\_\_\_  
**Pediatrician:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*Explain "Yes" answers below. Circle questions you don't know the answers to.*

- |    |   | Y  | N |
|----|---|----|---|
| 1  | Has a doctor ever denied or restricted your participation in sports for any reason?   | 1  |   |
| 2  | Do you have an ongoing medical condition (like diabetes or asthma)?   | 2  |   |
| 3  | Are you currently taking any prescription or nonprescription (over-the-counter) medicines or pills?   | 3  |   |
| 4  | Do you have allergies to medicines, pollens, foods, or stinging insects?  | 4  |   |
| 5  | Have you ever passed out or nearly passed out during or after exercise?   | 5  |   |
| 6  | Have you ever had discomfort, pain, or pressure in your chest during exercise?  | 6  |   |
| 7  | Does your heart race or skip beats?   | 7  |   |
| 8  | Has a doctor ever told you that you have (check all that apply):<br>8 __ High blood pressure __ High cholesterol __ Heart murmur __ Heart infection |    |   |
| 9  | Has anyone in your family died for no apparent reason?  | 9  |   |
| 10 | Does anyone in your family have a heart problem?  | 10 |   |
| 11 | Has any family member or relative died of heart problems or sudden death before age 50?   | 11 |   |
| 12 | Have you ever had surgery?  | 12 |   |
| 13 | Do you cough, wheeze, or have difficulty breathing during or after exercise?  | 13 |   |
| 14 | Have you ever had a head injury or concussion?  | 14 |   |
| 15 | Do you have headaches with exercise?  | 15 |   |
| 16 | Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?  | 16 |   |
| 17 | Has a doctor told you that you or someone in your family has sickle cell trait or sickle cell disease?  | 17 |   |
| 18 | Have you had any problems with your eyes or vision?   | 18 |   |
| 19 | Do you wear glasses or contact lenses?  | 19 |   |
| 20 | Are you happy with your weight?   | 20 |   |
| 21 | Do you have any concerns that you would like to discuss with a doctor?  | 21 |   |
| 22 | Do you feel safe?   | 22 |   |
| 23 | Have you tried cigarette smoking, even 1 or 2 puffs? Do you currently smoke?  | 23 |   |
| 24 | Does anyone in your house smoke?  | 24 |   |
| 25 | Please explain "Yes" answers below: _____   |    |   |

Year completed: \_\_\_\_\_

*Provider: Initial box once reviewed*

